

Clinical and Counseling Psychology Psychology 4360-90L Fall 2020

Contact Information

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Office Hours: By appointment



Please note that we will not be using the “message” system in Blackboard. Please use my UTRGV email for course communication.

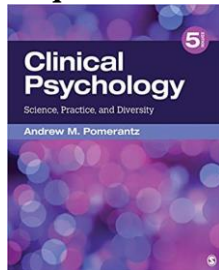
Course Information

This course will be taught as an Online Asynchronous Course. This course will be delivered fully online. There will be no designated class meeting time for real-time instructor/student interaction, which gives you the flexibility to engage with the course materials as best fits your daily schedule. Your learning will be guided by the digital presentation of the course content and scheduled assignments. Your instructor will provide you with feedback on assigned work, communicate with you electronically, and be available to meet as defined on this syllabus.

Prerequisites

Students should have taken Psychology 4313 (Abnormal Psychology) as it is expected that students will have a thorough knowledge of Abnormal Psychology.

Required Textbook and Browser



Andrew M. Pomerantz, *Clinical Psychology: Science, Practice, and Diversity (Fifth Edition)*, Sage Publications. ISBN: 978-1-5443-3361-8

The price of the text varies depending on where you purchase or rent the text. For example, you can rent the text for the semester from the publisher (<http://us.sagepub.com/en-us/nam/clinical-psychology/book259378>) for \$80.00 or you can rent the text from Amazon for \$58.35.

Please note that this textbook is not an open education resource. Also, please note that the textbook is absolutely essential for the course. You will not be able to pass the course without reading and fully comprehending the textbook material. Because all exam items are based on the text, a thorough understanding of the text will be necessary to pass the course. It is highly recommended that you read each chapter more than once.

You are required to use the Respondus Lockdown Browser with Monitor for all exams. This is a custom browser that locks down the testing environment with Blackboard and replaces regular browsers such as Chrome, Firefox, and Safari. The reason for this is to help ensure the academic

integrity of online exams. In other words, I want to make sure that all students are taking the exams on a fair playing field and using this browser and monitor will help allow for this. You will thus need to download the Respondus Lockdown Browser to take exams. You will need to have a **webcam** for the computer you use when taking exams because a video (webcam) recording will be made **for each exam you take**. You will need to have a reliable internet connection when taking tests or you can take exams on campus. The 2nd floor of the UTRGV Edinburg library has desktop computers with webcams and the Respondus Lockdown browser installed. If you choose not to use the Respondus software and use a webcam, then you will be unable to take this course.

Due to numerous past incidents of students cheating on online exams, I have very strict test-taking policies. **If a student does not thoroughly show her or his testing environment during the environmental check, the student will receive an exam score of 0, at the minimum. Moreover, if a student is “out of the picture frame,” the student will receive an exam score of 0, at the minimum. Please note that the Respondus software will alert the student when the student is out of the frame—thus, the excuse of “I wasn’t aware that I was out of the frame” is not valid. Further, please note that students who become aware of other students cheating and do not report it to me will be held responsible. For example, cheating often occurs within WhatsApp “study” groups. If I become aware of cheating within one of these groups, then all students who belong to the group will be held responsible.**

All incidents of cheating or suspicious test-taking behavior will be reported to Student Rights and Responsibilities who will determine whether the student will be expelled from the university. Finally, please note that if I observe any suspicious test-taking behaviors, I reserve the right to give exams in-person, rather than online, to all students in the course.

To make sure that the Respondus Browser and monitor work properly during the exam, I strongly suggest that you watch this video: <http://www.respondus.com/products/monitor/movie-monitor.shtml>. Please note that **you must show your UTRGV Picture ID (or state ID such as a Drivers License) to the webcam at the beginning of the exam**. Failure to do these may result in an exam score of 0. The Respondus Lockdown Browser software is available for download at <http://www.respondus.com/lockdown/download.php?id=721834533>

Learning Objectives of Course

1. Students should become familiar with the overall field of clinical psychology.
 2. Students should understand how science informs the field of clinical psychology.
 3. Students should understand the types of careers within clinical psychology, including researcher, teacher, assessor, and therapist.
 4. Students should understand the types of specializations within the field of clinical psychology, including different types of theories, interventions, and new areas of inquiry.
 5. Students should develop critical thinking skills that they apply to the material covered in the course.
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UTRGV Policy Statements

COVID-19 Resources

Please visit the UTRGV COVID-19 Website via the following link for the most up-to-date information and resources (<https://www.utrgv.edu/coronavirus/index.htm>). This includes information on self-screening questions, links to forms for travel and contact, etc.

Face Covering Protocol

As part of the university's ongoing COVID-19 mitigation efforts to maintain a healthy environment for all members of our campus community, anyone entering a campus building must wear a face covering that covers the mouths and nose. The covering must be worn in all hallways, public spaces, research labs, teaching/computer labs, libraries, classrooms, automobiles with a passenger, stairwells, elevators and common areas, as well as office spaces. In office spaces, when social distancing of 6 feet is possible and maintained, face coverings may be removed. Face coverings also are required in outdoor settings when safe social distancing and gathering practices are not possible.

Academic Integrity

Members of the UTRGV community are committed to shared values of honesty, integrity and mutual respect in our interactions and relationships. In this regard, academic integrity is fundamental in our actions, as any act of dishonesty conflicts as much with academic achievement as with the values of honesty and integrity. Violations of academic integrity include, but are not limited to: cheating, plagiarism (including self-plagiarism), and collusion; submission for credit of any work or materials that are attributable in whole or in part to another person; taking an examination for another person; any act designed to give unfair advantage to a student; or the attempt to commit such acts. Since scholastic dishonesty harms the individual, all students and the integrity of the University, policies on scholastic dishonesty will be strictly enforced (Board of Regents Rules and Regulations, STU 02-100, and UTRGV Academic Integrity Guidelines). All scholastic dishonesty incidents will be reported to Student Rights and Responsibilities. Students who engage in scholastic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and expulsion from the University.

Rules regarding collaboration specific to this course:

You are expected to use the course textbook and other course material (as well as any additional readings you seek out) to complete all assignments. However, you may NOT consult with any other students (in the class or not) or faculty when completing exams or responding to any other assignments (e.g., extra credit assignments). You may not use your text or any other resources (including the internet) when completing exams. Failure to follow these instructions will result in a 0 for the affected assignment and may result in an F for the course. Academic Dishonesty will be reported to the Dean of Students.

Sexual Misconduct and Mandatory Reporting

In accordance with UT System regulations, your instructor is a "Responsible Employee" for reporting purposes under Title IX regulations and so must report to the Office of Institutional Equity & Diversity (oie@utrgv.edu) any instance, occurring during a student's time in college, of sexual misconduct, which includes sexual assault, stalking, dating violence, domestic

violence, and sexual harassment, about which she/he becomes aware during this course through writing, discussion, or personal disclosure. More information can be found at www.utrgv.edu/equity, including confidential resources available on campus. The faculty and staff of UTRGV actively strive to provide a learning, working, and living environment that promotes personal integrity, civility, and mutual respect in an environment free from sexual misconduct, discrimination, and all forms of violence. If students, faculty, or staff would like confidential assistance, or have questions, they can contact OVAVP (Office for Victim Advocacy & Violence Prevention) at (956) 665-8287, (956) 882-8282, or OVAVP@utrgv.edu.

Course Drops

According to UTRGV policy, students may drop any class without penalty earning a grade of DR until the official drop date. Following that date, students must be assigned a letter grade and can no longer drop the class. Students considering dropping the class should be aware of the “3-peat rule” and the “6-drop” rule so they can recognize how dropped classes may affect their academic success. The 6-drop rule refers to Texas law that dictates that undergraduate students may not drop more than six courses during their undergraduate career. Courses dropped at other Texas public higher education institutions will count toward the six-course drop limit. The 3-peat rule refers to additional fees charged to students who take the same class for the third time.

Online Evaluations

Students are required to complete an online evaluation of this course, accessed through one’s UTRGV account (<http://my.utrgv.edu>); you will be contacted through email with further instructions. Students who complete their evaluations will have priority access to their grades.

Students with Disabilities

Students with a documented disability (physical, psychological, learning, or other disability which affects academic performance) who would like to receive academic accommodations should contact Student Accessibility Services (SAS) for additional information. In order for accommodation requests to be considered for approval, the student must use the mySAS portal located at www.utrgv.edu/mySAS and is responsible for providing sufficient documentation of the disability to SAS. Students are required to participate in an interactive discussion, or intake appointment, with SAS staff. Accommodations may be requested at any time but are not retroactive, meaning they are valid once approved by SAS. Please contact SAS early in the semester/module for guidance. Students who experience a broken bone, severe injury, or undergo surgery may also be eligible for temporary accommodations.

Pregnancy, Pregnancy-related, and Parenting Accommodations

Title IX of the Education Amendments of 1972 prohibits sex discrimination, which includes discrimination based on pregnancy, marital status, or parental status. Students seeking accommodations related to pregnancy, pregnancy-related condition, or parenting (reasonably immediate postpartum period) are encouraged to contact Student Accessibility Services using the following link: <https://www.utrgv.edu/pregnancy>.

Students Accessibility Services:

Brownsville Campus: Student Accessibility Services is located in 1.107 in the Music and Learning Center Building (BMSLC) and can be contacted by phone at (956) 882-7374 or via email at ability@utrgv.edu.

Edinburg Campus: Student Accessibility Services is located in 108 University Center (EUCTR) and can be contacted by phone at (956) 665-7005 or via email at ability@utrgv.edu.

MANDATORY COURSE EVALUATION PERIOD: Students are required to complete an ONLINE evaluation of this course, accessed through your UTRGV account (<http://my.utrgv.edu>); you will be contacted through email with further instructions. Students who complete their evaluations will have priority access to their grades. Online evaluations will be available on or about:

Fall Semester November 13 – December 2, 2020

Attendance and Class Preparation Policy

Although this course is fully online, this is not a self-paced course. Students are expected to complete all assignments by the due dates and to actively participate by **checking the course on a regular basis**.

Computer Skill and Technology Recommendations

You will achieve the best results in this online learning class by having a computer with a minimum of 8 GB of random-access memory (RAM), a quad core processor, a reliable video camera, and reliable access to the Internet. All students should have the ability to navigate online. Please do not take this course if you do not have strong computer skills. Computer skills will not be taught in this course. If you have never taken an online course, please visit <https://www.utrgv.edu/online/getting-support/student-support/index.htm> to learn how to work with the online course system.

- For this course you will need to be competent in the following skills:
 - Sending and receiving email messages
 - Opening and viewing video files and listening to audio files
 - Creating file folders on your computer and saving files to these folders
 - Saving files to portable storage media such as USB keys or in the Cloud (e.g., Dropbox)
 - Attaching files to email messages
 - Opening files attached to email messages

Back Up Your Work! I recommend that you go to your computer right now and create a folder within your documents folder (or somewhere else) on your hard drive for this class. Call this new folder Clinical Psychology and save copies of any coursework in this folder.

Tour of Our Class Home Page

These are the areas on our home page that you need to visit and learn to use:

- **Course News** – This is the “homepage” for our course. It provides a calendar of events, announcements, etc. I may sometimes post links and stories about clinical psychology in the current news and media. The calendar lists upcoming assignments and exams.
- **Course Syllabus & Other Information** – This is where the syllabus is located as well as other institutional and online learning information.
- **Chapter Material** – Here you can find PowerPoint slides, video descriptions for each chapter, and discussion questions for each chapter. Each of these are tools to enhance learning. You can use the PowerPoints as templates to help guide your reading of each chapter. The videos for the course highlight course material and will help you to come to a better understanding of abstract concepts. The discussion questions can be used to gauge the thoroughness of your knowledge of each chapter’s material.
- **Video Center** – This is where you will view videos for the course. The videos for each chapter are alphabetized. Each video description places the video into the context of its chapter.
- **Study Aides** – Here you can download material that will help you prepare for each exam. These include sample exam questions and a description of the SQ3R study method.
- **Exam Room** - This is where you will go to take your online exams. The dates for the exams are given below in the timeline for the course. Please note that this is also the location where you can take the optional extra credit exams. Details are provided later in the syllabus.
- **My Grades** – This is where you go to see your grades and points for the exams and for other assignments.

Correspondence Policies & Procedures

Please note that I have set aside specific times in my weekly schedule when I will respond to student messages from this class. I will typically respond to student messages within 24 hours after the student sends a message. When sending a message to me, please fully identify yourself in the text of your message. Use the subject header to indicate if the message is a general comment, question for the entire class, or a question specifically for me. If you are responding to other messages or to one of my messages, please reply directly to that message.

Course Expectations

Here are some of my expectations for you:

- I expect that you will read the textbook and the chapter summaries in a timely manner throughout the entire course

- I expect that you will explore all the multimedia materials incorporated within each lecture
- I expect that you will plan appropriately so as to have your assignments completed by the designated deadlines. Meeting the designated deadlines is entirely your responsibility. **Please note: There is a 24-hour period in which you can take each exam. If you wait until the last minute and have problems, you will not be able to retake the exam. I strongly suggest that you take all exams early during this period. If you choose not to follow this advice and have a problem, do not message or email me. By that point, there will be nothing I can do for you.**

Absenteeism & Time Commitment: This is NOT a self-paced, self-timed course. This course is designed to be a successive progression from one chapter to the next. If you have a work or family emergency that interferes with your ability to participate or meet deadlines in this class, you need to notify me by the message system ASAP. Such events may necessitate dropping the course. Although this is a web-based course, this does not mean that this course is easier or less of a time commitment than a regular classroom-based course. You will still need to thoroughly review and read the course material in order to receive a passing grade in the course.

Academic Honesty and Integrity: As noted above, you are expected to display academic honesty. Any instances of cheating will result in an automatic “F” for the assignment or the course. You will also be referred to the office of Students Rights and Responsibilities with the possible sanction of expulsion from the University.

Professional Courtesy: It is expected that you will act, perform, and conduct yourself in a professional manner. This includes the content and style of your online communication and the nature of communication with me and other students in the course. Profanity, vulgar or offensive words or phrases are unacceptable. I will be the judge of what is offensive as well as the penalty for such offenses. Please click on the following link for resources on Netiquette:
<http://www.albion.com/netiquette/>

Additional Course Support

Technical Assistance: If you are having technical problems, please contact the Center for Online Learning and Teaching Technology (COLTT) office by calling (956) 882-6792 (Brownsville) or (956) 665-5327 (Edinburg) going to <http://www.utrgv.edu/online/>. Their hours are 7:30 am-6:00 pm Monday through Friday.

Notification of Technical Problems: If you are experiencing technical problems with your computer, you will be responsible for finding alternative methods or locations to complete exams and assignments by the given deadlines. **If you have a technical problem during an exam that results in you being unable to complete the exam, please call the number for technical assistance right away and complete the exam as soon as the problem is addressed. If someone does not immediately answer your call, leave a message to verify that you attempted to get help in order to complete the exam immediately.** If you do not follow these steps you will not be able to complete the exam and your score will be equal to the number of completed correct items divided by the total number of items on the exam.

Grading

There will be a total of 600 points available for the class. Five required exams will be given in the course. Each of these exams will cover 3 or 4 chapters. Each required exam will consist of 60 items, each worth 2 points. You will have 75 minutes to complete each exam (same as a regular classroom exam). You are not allowed to use your book or notes (i.e., the exams are “closed book” exams), so you will need to prepare as you would for an in-class exam. You must take each of the exams during the 24-hour period assigned for that exam. In other words, on exam day, you will have from 12:00 am to 11:59 pm to complete the exam (see the Course Calendar for the exam dates). You can only take each exam once.

Please note that I reserve the right to adjust the grading distribution based on the class’ scores. However, you will not receive a lower grade than that indicated in the table below.

Extra Credit Exams: Please note that I will offer two optional extra credit exams. The first will be held during three days early in the course and the last will be offered during a two-day period after your last required exam. Each of these extra credit exams will consist of 34 multiple-choice questions evenly drawn from the chapters in the text. Each question on the extra credit exams will be worth 1/2 point. I am offering the first extra credit exam to gauge your baseline of knowledge in Clinical Psychology and am offering the second extra credit exam to measure your knowledge in Clinical Psychology after having taken the course. You will have 40 minutes to complete each extra credit exam. ***Please note that although these exams are optional, they might be the only extra credit opportunities I will offer in the course and thus I highly suggest that you take them.***

Grading:	Points
Exam 1	120
Exam 2	120
Exam 3	120
Exam 4	120
Exam 5	120
Total Points:	600

Letter Grade	Percentage	Points
A	90-100%	540 to 600
B	80-89%	480 to 539
C	70-79%	420 to 479
D	60-69%	360 to 419
F	Below 60%	Below 360

Location of Exams: The five required exams and the two extra credit exams will take place in the **Exam Room**. PLEASE REMEMBER TO SUBMIT YOUR EXAM FOR GRADING WHEN YOU ARE FINISHED WITH YOUR EXAM. THIS ENSURES THAT YOUR GRADE IS ENTERED INTO MY GRADE BOOK. Also, **please remember to show your UTRGV ID (or other photo ID such as a Drivers License) to the monitor at the beginning of each exam as well as thoroughly complete the environmental check**. Failure to adequately do these will in an F on your exam and the course.

Sample exam questions are also located in the Study Aides area. I highly recommend that in order to become familiar with the type of questions I will ask on the exams, you go over the sample questions. These questions are similar to the real exam questions and they will give you an idea about what to expect on the exams. Please note that these sample exam questions are not meant to be a "study guide." Rather, they are meant to let you know what the exam questions will be like and to help gauge your readiness for the exams.

Course Calendar

EXTRA CREDIT EXAM ONE

Can be taken anytime from Monday, August 24th through Wednesday, August 26th (from 12:00 a.m. Monday to 11:59 p.m. Wednesday).

SESSION 1 – CHAPTERS 1-3

Chapter 1: Clinical Psychology: Definition & Training

Chapter 2: Evolution of Clinical Psychology

Chapter 3: Current Controversies & Directions in Clinical Psychology

Exam 1 – Must be taken on Wednesday, September 16th (from 12:00 a.m. to 11:59 p.m.).

SESSION 2 – CHAPTERS 4-6

Chapter 4: Diversity & Cultural Issues in Clinical Psychology

Chapter 5: Ethical & Professional Issues in Clinical Psychology

Chapter 6: Conducting Research in Clinical Psychology

Exam 2 – Must be taken on Wednesday, October 7th (from 12:00 a.m. to 11:59 p.m.).

SESSION 3 – CHAPTERS 7-10

Chapter 7: Diagnosis & Classification Issues: DSM-5 & More

Chapter 8: The Clinical Interview

Chapter 9: Intellectual & Neuropsychological Assessment

Chapter 10: Personality Assessment & Behavioral Assessment

Exam 3 – Must be taken on Wednesday, October 28th (from 12:00 a.m. to 11:59 p.m.).

SESSION 4 – CHAPTERS 11, 14-16

Chapter 11: General Issues in Psychotherapy

Chapter 14: Behavior Therapy

Chapter 15: Cognitive Psychotherapy & Mindfulness-Based Therapies

Chapter 16: Group & Family Therapy

Exam 4 – Must be taken on Wednesday, November 18th (from 12:00 a.m. to 11:59 p.m.).

SESSION 5 – CHAPTERS 17-19

Chapter 17: Clinical Child & Adolescent Psychology

Chapter 18: Health Psychology

Chapter 19: Forensic Psychology

Exam 5 – Must be taken on Friday, December 4th (from 12:00 a.m. to 11:59 p.m.).

EXTRA CREDIT EXAM TWO

Can be taken anytime from Monday, December 7th to Tuesday, December 8th (from 12:00 a.m. Monday to 11:59 p.m. Tuesday).

Important Dates Relative to the UTRGV Academic Calendar

August 24	First day of classes
August 27	Last day to add a course or register for Fall 2020 classes
September 7	Labor Day – No classes
November 11	Last day to drop a class or withdraw
November 26-27	Thanksgiving Holiday – No classes
December 3	Study Day – No classes
December 4-10	Final Exams
December 14	Grades Due at 3 p.m.