

Instructions for Scoring the **Brief Religious Coping Scale (BRCS)**

This scale is a brief measure of religiosity. It has been shown that different facets of religiosity may help protect against anxiety, depression, and suicide risk.

Sum the three items for the overall score. The possible overall scores range from 3 (low religious coping) to 14 (high religious coping). Higher scores indicate higher religiosity, which may help individuals cope against life stressors.

BRCS

1. How religious are you?

(1) Not At All
Religious

(2) Slightly
Religious

(3) Somewhat
Religious

(4) Very
Religious

2. How much influence does religion have upon your life?

(1) Not At All
Influential

(2) Slightly
Influential

(3) Somewhat
Influential

(4) Very
Influential

3. How often do you attend church?

(1) Never

(2) Once or twice a year

(3) Once every 2 or 3 months

(4) Once a month

(5) Two or three times a month

(6) Once a week or more